

Name (Optional):

Age:

How far along in your pregnancy were you when you came to Coffee Creek?

How long ago was your baby born?

Was this your first birth?

Pregnancy

1. Did anyone explain to you the prenatal care that you would be receiving? Who was it, and how was that done? Was there additional information that you wish you would have had?
2. Did you have access to any other resources about prenatal care, like videos, books from the library, or other written materials? If so, what?
3. Did you receive any information on the birthing process itself, like classes or videos? If so, what? Was there additional information that you wish you would have had?
4. What prenatal care did you receive? Did you attend any offsite appointments to meet with the provider who would be delivering your baby? What was helpful or not helpful?
5. How was the plan for your labor and delivery developed? Who was involved and what input were you able to provide? Were you able to make changes? Did you feel like you had all the information you needed?
6. How was the plan for care and placement of your baby developed? Who went over the plan with you? Were you allowed to provide input? What support were you offered on the decisions for placement of your baby? Was the purpose of the placement plan explained? Was it followed, and if not, do you know why not?
7. During your pregnancy and preparing for your birth, what was most helpful and what could have been improved?

Labor and Delivery/Lactation Support

8. What was your experience being transported to and from the hospital for the birth of your baby. Who was there? Were you cuffed and/or shackled? What could have made the experience less traumatic for you?
9. Was a family member or other support person allowed to be present for the birth of your baby? If so, how were they able to support you? If not, what support would you have wanted?

10. Were you allowed, if you chose, any me for bonding with your baby? If so, how long? What was helpful or not helpful during that me?
11. Was the breastfeeding program at CCCF explained to you? Was it written information or did someone come speak with you? Did you feel your questions were answered? What additional information would you have liked to have?
12. If you decided to provide breast milk, who explained or taught you about breastfeeding or milk expression? Did you receive a breast pump and instruction on how to use/maintain it? Once you were back at Coffee Creek, were you given adequate privacy for pumping?

Postpartum

13. When you returned to CCCF after the birth of your baby, did you go back to your housing unit? If you went to the infirmary, how long was your stay? If you were in Special Housing prior to the birth of your baby, did you return there?
14. After your return, did you receive adequate pain control or medications to address any other symptoms? What did you receive that was helpful and what do you wish you could have had that you didn't?
15. Were you provided any other supplies or necessities, such as proper clothing if you had a C-Section, pads, creams, etc.? Did you feel like you had everything you needed? If not, what could have been provided?
16. Were you provided any support or education from BHS/Medical staff related to postpartum depression or loss?

General

17. Was there anything else you needed over the course of your pregnancy, delivery, or postpartum care that you were not able to access?
18. What do you feel could have been done differently to improve your pregnancy, delivery, and postpartum experiences? What went well and what did not?